

WildWoodlands Kit-List



Day Course

- Waterproofs
- Water bottle
- Head torch with fresh batteries & 1 spare set
- Pair of gardening gloves or similar
- Personal toiletries & medication (to include, sunscreen, insect repellent and lip salve)
- Antibacterial wipes/soap
- Small first aid kit (plasters, bandages, headache pills etc.)

General camping equipment

- Small Tent or Tarp and Hammock
- Sleeping bag
- Foam/Inflatable sleeping mat
- Spare complete set of clothing
- Waterproofs
- Walking boots
- Water bottle
- Head torch with fresh batteries & 1 spare set
- Wash kit & towel
- Pair of gardening gloves or similar
- Personal toiletries & medication (to include toilet paper, sunscreen, insect repellent and lip salve)
- Antibacterial wipes/soap
- Small first aid kit (plasters, bandages, headache pills etc.)

Catered Courses

- Knife, fork, spoon, mug, bowl and plate
- Drying towel (We provide washing facilities)

Self-Catered Courses

- Food for the duration
- Cooking equipment
- Small camp stove (Campfire will be lit so more than welcome to use it)
- Knife, fork, spoon, mug, bowl and plate
- Drying towel (We provide washing facilities)

Drinks

- We provide fresh drinking water, tea and coffee (we do not provide herbal tea bag)

Additional Items

- Camp chair (Logs and Benches are available)
- Snacks etc
- Notebook and pencil
- Camera
- Binoculars
- your own drinks

Clothing

Sensible outdoor clothing is essential for our courses, quick drying is the best. Depending on the season, you may need to bring a warm hat, gloves, and thermal layers. Several natural layers of clothing are better than one or two thick items. Jeans are best left at home, as they are very slow to dry. Waterproof hiking/walking boots are essential as they provide the best grip as sometimes areas of the woodland can get muddy and slippery; Wellies are a good alternative if raining. We recommend a pair of old trainers to give your feet a rest while around the campfire in the evenings.