

WildWoodlands Foraging and Wilderness Cooking Weekend Itinerary



Friday's Itinerary

- 7:00pm Safety Brief
- 7:30pm Setup Tents and Tarps
- 8:30pm Game Preparation (pigeon or pheasant), cook evening meal

Saturday's Itinerary

- 7:30am Damper bread (breakfast)
- 8:30am Safe Cutting Techniques for knives, folding saws and bow saws
- 9:00am Foraging sticks & Foraging
- 11:30am Make ponassing Sticks
- 12:00pm Trout preparation (lunch)
- 2:00pm Game Preparation (Tea)
- 3:00pm Fire lays and Fire Lighting
- 4:00pm Cooking techniques
- 6:00pm Natural Containers and cordage
- 7:30pm Evening meal

Sunday's Itinerary

- 7:00am Pack kit and break camp
- 8:00am Damper bread (breakfast)
- 9:00am Knife Law and Knife Sharpening
- 10:00am Foraging and Tree ID
- 12:00pm Depart